the poor, &c., in order that she might obtain the release from their sufferings on the astral plane of a certain family whose sins in the earth-life had bound them there.

A large part of the work of those who are able by their increase of knowledge to pass into the astral state and function there at will, consists in helping and comforting the dead. There is, of course, far more occultism in the Roman Catholic communion than in the Protestant secession. We read that St. Theresa was levitated from the ground so frequently by occult agency in the presence of the entire congregation during the Mass that special envoys had to be sent to Rome for instructions how to deal with these phenomena. The writings of the great Carmelite are full of her first-hand experiences on the spiritual plane while her body remained in trance.

It is a matter of history that in the thirteenth century a wave of mysticism passed over that wonderful convent of Unterlinden, near Colmar, so that not only one or two

nuns, but the whole convent was filled with the Christ, so that His devotees were levitated above the ground, hearing celestial music, and

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